

Upper F-pan - The Mental Block

Beta: The Mental Block is a great cliff, with a variety of sport and trad routes from 5.9 to 5.13. With south and east aspects, expect morning sun with some of the routes going into the shade in the afternoon. Red = Gear Required, Blue = Bolts only.

Directions: Continue up the trail past the Outpost for 5 more minutes until you come to this nice south facing wall.

1. All in Time 5.9

Go up a crack to surmount the leaning pillar. Then follow 5 bolts up the nice face. You may want to take some cams or nuts for gear between bolts 4 & 5. Gear to 3", 5 bolts.

2. Nuclear Treat 5.12c

Power up the striking arête. Bolts.

3. Elevate Your Mind 5.12a

Climbs the center of the face up the black streak, with a couple of cruxes. Fantastic climbing on amazing stone. 9 bolts.

4. Introspect Yourself 5.13b

Start on easier rock then bust it through steeper stuff and into the biz above. 9 bolts.

The next routes are located around the corner. The first two face east and get shade in the early afternoon.

5. Delftware 5.11b

Start up the crack left of the chimney and then follow bolts up the face. Gear and Bolts.

6. Sandstoner 5.10

Climb the crack left of the chimney to a shared anchor with Delftware. Gear to 3".

7. The Witch 5.13+ OPEN PROJECT

Connect the seams on this incredible, streaked shield of white rock. Shares an anchor with the Mage. Bolts.

8. The Mage 5.13b

The prominent black streak, shares an anchor with The Witch. Bolts.

